



ASOI 10th Conference 2026

A decade of progress in person-centred obesity care:
aligning the science with patient priorities

October 9th | Aisling Hotel, 10-13 Parkgate St, Dublin 8

Programme

08.30-09.00	Registration	
09.00-09.10	Welcome and opening by Chair of ASOI	Dr Cathy Breen
09.10-10.40	Session 1 Obesity Pharmacotherapy	Chair: tbc
09.10-09.40	ASOI Clinical Practice Guideline Pharmacotherapy Chapter Update	Dr Karl Neff <i>Consultant Endocrinologist Integrated Diabetes Care, Connolly Hospital</i>
	Pharmacotherapy within holistic paediatric patient care	Dr Orla Walsh <i>Adolescent Medicine and General Paediatrician, CHI Child and Adolescent Complex obesity Service</i>
09.40-10.20	Pharmacotherapy in practice in obesity care: Multi-disciplinary panel discussion	Representatives from dietetics, pharmacy, physiotherapy, psychology, nursing, general practitioner, and lived experience
10.20-11.20	Session 2 Oral presentations	Chair: tbc
	<i>Selected abstracts to be confirmed</i>	
11.20-11.40	Movement break with refreshments	
11.40-13.00	Session 3 "Unmet Needs" - Mental Health focus	Chair: tbc
11.40-12.30	Psychosocial determinants of health and the case for trauma informed service design	Dr Sharon Lambert <i>Senior Lecturer Applied Psychology, University College Cork</i>
	Mind the Gap: Unmet mental health needs in obesity care	Prof Amy Ahern <i>Research Professor and Programme Leader, University of Cambridge School of Clinical Medicine</i>
12.30-12.40	Neurodiversity and mental health in obesity – patient voice	Lived experience expert
12.40-13.00	Questions and discussion	
13.00-14.00	Lunch and poster viewing	
14.00-15.30	Session 4: Patient priorities for health & research outcomes, Patient & Public Involvement (PPI) best practice	Chair: tbc
14.00-14.30	Patient Reported Outcomes (PROs): what, why and how?	Dr Karen Coulman <i>Associate Professor in Obesity Research and Practice, University of Bristol Medical School</i>
	Patient perspectives on PROs in research and clinical care	Ms Susie Birney <i>Executive Director, Irish Coalition for People Living with Obesity (ICPO)</i>
14.30-15.10	The PPI Ignite Network – principles & best practice	Dr Liz Farsaci <i>PPI Programme Manager, Trinity College Dublin</i>
	Patient and researcher perspectives	Dr Leona Ryan <i>Post Doctoral Researcher, School of Psychology, University of Galway</i> Ms Susie Birney <i>Executive Director, Irish Coalition for People Living with Obesity (ICPO)</i>
	Are you doing it right? Values to guide PPI practice	Mr Michael Foley <i>Civic Engagement Manager Trinity College Dublin</i>
15.10-15.30	Questions and discussion	
15.30-16.00	Closing remarks and announcement of 2026 ASOI Prizes	