



30th EUROPEAN CONGRESS ON OBESITY

17-20 May 2023 | The Convention Centre Dublin | Dublin, Ireland

17 MAY 2023, **WEDNESDAY**

08:30-12:30 **TEACHING WORKSHOPS**

RCPI CPD approval confirmed

08:30-09:40 EASO/ASOI Masterclass in Obesity Plenary Overview:

Understanding Obesity

Chairs: C Breen (Ireland), D O'Shea (Ireland)

08:30-08:35	Welcome & Intro	<i>C Breen (Ireland)</i>
08:35-08:45	Chronic disease, 'breaking good news'	<i>L Kaplan (US)</i>
08:45-08:50	Patient experience of diagnosis/obesity as a disease	<i>S Birney (Ireland)</i>
08:50-09:00	Obesity Prevention and Treatment strategies – are we speaking the same language?: Health promotion	<i>X Ramos-Salas (Sweden)</i>
09:00-09:20	Obesity Prevention and Treatment strategies – are we speaking the same language?: Primary and Secondary prevention	<i>M Bryant (UK)</i>
09:20-09:30	Obesity Prevention and Treatment strategies – are we speaking the same language?: Treatment	<i>L Busetto (Italy)</i>
09:30-09:40	Q&A, Summary	<i>D O'Shea (Ireland)</i>

09:40-10:00 TEA / COFFEE BREAK

10.00-12.00 Breakout session 1: Management and Intervention for Primary Care

Chairs: M Jordan (Ireland), D Dicker (Israel)

10:00-10:30	Obesity Medication – prescribing in primary care	<i>S de Giorgio (UK)</i>
10:30-10:45	Model of Care for Obesity: referral pathways and resources – what is available, what is to come?	<i>K Gaynor (Ireland)</i>
10.45-11.00	Best Health Programme in the community – Update and Feedback	<i>S Seery (Ireland)</i>
11:00-11:30	Bariatric Surgery – what do we need to know in primary care	<i>H Heneghan (Ireland)</i>
11:30-12:00	Reducing weight bias in primary care – approaching the conversation, practical solutions	<i>M Crotty (Ireland) & Bjargey Ingólfssdóttir (Iceland)</i>



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Breakout session 2: Management and Intervention for Secondary Care

Chairs: M Hassapidou (Greece), J O'Connell (Ireland)

10:00-10:30

Obesities, not Obesity

L Kaplan (US)

10:30-10:45

Adaptation of the nutrition care process to obesity care

S Browne (Ireland)

10:45-11:00

Optimising function and participation in complex obesity

E O'Malley (Ireland)

11:00-11:20

Overcoming internalised weight bias – what can we do?

C O'Grada (Ireland)

11:20-11:40

Pharmacotherapy in multidisciplinary care

V Mooney (Ireland/Spain)

K Neff (Ireland)

11:40-12:00

Bariatric surgery – what it is and what it isn't

R Batterham (UK)

10.00-12.00

Breakout session 3: EASO COTF: Obesity in Children and Adolescents

Chairs: L Baur (Australia), G O'Malley (Ireland)

10:00-10:20

Pathway of Care

E Van Mill (Netherlands)

10:20-10:40

Maximising treatment, minimizing risk

Hiba Jebile (Australia)

10:40-11:00

Clinical support for children with obesity: an Icelandic perspective

T Helgason (Iceland)

11:00-11:20

Rare genetics – when to test?

JC Holm (Denmark)

11:20-11:40

Complications in Adolescents

JC Holm (Denmark)

10:00-12:10

Breakout session 4: EASO Public Health Taskforce Workshop: Rethinking Obesity Prevention in the 21st Century

Chairs: E Woodward (UK), X Ramos Salas (Sweden)

10:00-10:10

Welcome and Introduction

E Woodward (UK)

10:10-10:25

Is it a Risk Factor or a Disease (and Does It Matter?) Capturing Perspectives on Health Promotion and Obesity Prevention

X Ramos Salas (Sweden)

10:25-10:30

Audience Interactive Polling

10:30-10:50

Rebalancing Our Concept of Obesity: Changing the Fundamental Drivers of Weight and Health

H Rutter (UK)

10:50-10:55

Audience Interactive Polling

10:55-11:10

Are We There Yet? Evidence and Context to Inform Obesity Prevention Strategies

J Baker (Denmark)

11:10-11:15

Audience Interactive Polling

11:15-11:30

Obesity Prevention on the Ground in Ireland: Where Do We Go From Here? *S O'Brien (Ireland)*

11:30-11:35

Audience Interactive Polling

11:35-12:05

Audience Q&A with Speakers

J Baker (Denmark)

S O'Brien (Ireland)

X Ramos Salas (Sweden)

H Rutter (UK), E Woodward (UK)