

# ASOI 2017 Annual Conference & AGM

## Preventing and Treating Childhood Obesity

May 4<sup>th</sup>-5<sup>th</sup> 2017

Health Sciences Centre, University College Dublin

RCPI CPD accreditation

ASOI are delighted to announce our **2017 Annual Conference**. This year our focus is on **Childhood Obesity** and, in collaboration with the **Health Behaviour Change Research Group** at **NUI Galway**, and the **ESPRIT Research Group** at **University College Cork**, we have an expanded program over **two days** with over **15 keynote speakers** from **7 different countries**.

**Day 1** of ASOI 2017 will focus on **prevention** of childhood obesity, and integral to the day we are holding roundtable discussion workshops as part of a study to identify and prioritise knowledge gaps concerning obesity prevention and knowledge translation. We hope all attending will consent to involvement in these workshops, allowing us to harness the collective expertise of a diverse range of participants to set out directions for future research and knowledge translation.

Also as part of **Day 1**, ASOI 2017 will be hosting the launch of the fourth **Childhood Obesity Surveillance Initiative (COSI)** report for the Republic of Ireland.

**Day 2** of ASOI 2017 will focus on the **treatment** of paediatric obesity, and we will also have breakout workshops during the day allowing attendees to further tease the topics raised with reference to their area of interest/practice.

This conference will be relevant to students, healthcare professionals, educators and researchers involved in the fields of primary care, paediatrics, public health, health policy and implementation science, amongst others. There will be the opportunity to present posters across both days of the conference, with a prize presented on each day to the best poster relevant to the topic of that day!

Please see [www.asoi.info](http://www.asoi.info) for further details. We hope to see you in UCD on May 4<sup>th</sup> and 5<sup>th</sup>!

**Day 1** of this two-day event is kindly supported by the Irish Research Council New Foundations Scheme through funding awarded to Dr Karen Matvienko-Sikar (ESPRIT Research Group, DEPH, UCC) for COS-IF: Core Outcome Set for Infant Feeding, and Ms Marita Hennessy (HBCRG, NUI Galway) for POCKETS: Prevention of Childhood Obesity-Knowledge Exchange and Translation.



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IRISH RESEARCH COUNCIL  
An Chomhairle um Thaighde in Éirinn  
[www.research.ie](http://www.research.ie)

### Day 1 - Thursday May 4<sup>th</sup>

### Prevention of Childhood Obesity: POCKETS

<b>08.30-09.30</b>	<b>Registration</b>	
<b>09.00</b>	<b>Welcome and opening</b>	
09.00	Welcome by Chair of ASOI	Dr G O'Malley
09.10	Official opening and launch of 4 <sup>th</sup> COSI report by the Minister for Health Promotion	Minister M Corcoran Kennedy TD
09.25	Meeting overview	Dr K Matvienko-Sikar
09.35	Setting the scene: Healthy Weight for Children	S O'Brien and Dr P Jennings
<b>9.55-10.55</b>	<b>Session 1</b>	<i>Chair: M Hennessy</i>
	Roundtable workshops 1	
<b>10.55</b>	<b>Movement break</b>	
<b>11.10-12.30</b>	<b>Session 2</b>	<i>Chair: Prof I Perry</i>
11.10	Weight management interventions in pregnancy: a way to prevent childhood obesity?	Dr E Olander
11.30	Proactive assessment of overweight/obesity risk during infancy	Prof S Redsell
11.50	Right from the Start: policy, practice, parents and practitioners	Prof M Rudolf
12.10	Motor development and active play	Dr G O'Malley
12.30	Panel discussion	
<b>12.50-13.50</b>	<b>Lunch and poster viewing</b>	
<b>13.50-14.15</b>	<b>4<sup>th</sup> COSI Report</b>	<i>Chair: S O'Brien</i>
13.50	Overview of findings	Dr S Bel Serrat
14.05	Panel discussion: Dr S O'Keefe, Dr M Heinen and Dr S Bel Serrat	
<b>14.15-15.15</b>	<b>Session 3</b>	<i>Chair: M Hennessy</i>
	Roundtable workshops 2 + Discussion	
<b>15.15</b>	<b>Movement break</b>	
<b>15.25-16.15</b>	<b>Session 4</b>	<i>Chair: Dr J Devlin</i>
15.25	Family-based prevention of obesity in the early years	A/Prof P Nowicka
15.45	Development and real world translation of scalable approaches to prevent childhood obesity in early life: Lessons from Australia	Dr R Laws
16.05	Addressing childhood obesity in a multi-ethnic population: research into practice	Prof P Sahota
16.25	Panel discussion	
<b>17.05-17.15</b>	<b>Closing remarks and announcement of poster prize winner (Prevention)</b>	M Hennessy and Dr. G O'Malley

*This event is kindly supported by the Irish Research Council New Foundations Scheme and the ASOI.*



## Day 2 - Friday May 5<sup>th</sup> Treatment of Paediatric Obesity

<b>08.30</b>	<b>Registration</b>	
<b>09.00</b>	<b>Welcome and opening</b>	Dr G O'Malley
<b>09.15-10.45</b>	<b>Session 1</b>	<i>Chair: Dr C Breen</i>
09.15	Why treat obesity in childhood? A paediatricians view	Prof JC Holm
09.45	Nutritional interventions in childhood obesity	Dr H Croker
10.15	Motivational interviewing for healthcare professionals	Prof M Golan
<b>11.15</b>	<b>Movement Break / Coffee</b>	
<b>11.35-13.00</b>	<b>Session 2</b>	<i>Chair: Dr G O'Malley</i>
11.35	Treatment of obesity: parent and teen perspectives	TBC
12.00	Play, exercise and activity interventions	Prof D Thivel
12.30	How to measure effectiveness	Dr M Bryant
<b>13.00-14.00</b>	<b>Lunch and poster viewing</b>	
<b>14.00-15.00</b>	<b>Session 3</b>	
	<i>Case Study Workshops A or B (choose one when registering)</i>	Lead:
	A: Nutrition interventions	Dr H Croker
	B: Psychological interventions	Dr A Brinkley
<b>15.00-16.00</b>	<b>Session 4</b>	
	<i>Case Study Workshops A or B (choose one when registering)</i>	Lead:
	C: Exercise interventions	Dr G O'Malley
	D: Medicosurgical interventions	Prof JC Holm
<b>16.00-16.30</b>	<b>Session 5</b>	<i>Chair: Prof. H Hoey</i>
	Discussion Panel: Defining treatment success	Speakers
<b>16.30-16.45</b>	<b>Closing remarks and announcement of ASOI Award</b>	
<b>17.00-17.30</b>	<b>ASOI AGM 2017 (ASOI members only)</b>	ASOI Members

**The 2017 ASOI Prize will be awarded to the best poster presentation**

## Registration

Meeting Registration Fees	Professionals	Students*
Day 1 Attendance & 12 month ASOI membership	€60	€30
Day 2 Attendance & 12 month ASOI membership	€120	€60
Attendance for Day 1 and Day 2 + ASOI membership	€150	€75

\*A signed letter on official college paper as proof of student status should be sent with your application or brought with your ticket to the conference

Please register online at [buytickets.at/asoi](http://buytickets.at/asoi)

Or

**Complete the following registration form and return with your payment to:**

Dr Cathy Breen, Senior Dietitian

Weight Management Service, St Colmcille's Hospital, Loughlinstown, Co Dublin

**OR**

via email to [conference2017@asoi.info](mailto:conference2017@asoi.info)

**(Euro cheques made payable to: ASO Ireland)**

Title \_\_\_\_\_ Surname \_\_\_\_\_ Forename \_\_\_\_\_

Address (incl. organization) \_\_\_\_\_

\_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_

Please indicate the category which best describes your current work area:

Academic <input type="checkbox"/>	Clinical <input type="checkbox"/>	Industry <input type="checkbox"/>	Other <input type="checkbox"/>
<input type="checkbox"/> Research <input type="checkbox"/> Education/teaching <input type="checkbox"/> Student	<input type="checkbox"/> Psychologist <input type="checkbox"/> Dietitian <input type="checkbox"/> Nurse <input type="checkbox"/> OT <input type="checkbox"/> Physician/GP <input type="checkbox"/> Surgeon <input type="checkbox"/> Physiotherapist <input type="checkbox"/> Nutritionist <input type="checkbox"/> Fitness/Sports trainer <input type="checkbox"/> Education/teaching <input type="checkbox"/> Other (please specify)	<input type="checkbox"/> Food <input type="checkbox"/> Pharmaceutical <input type="checkbox"/> Biotech	<input type="checkbox"/> Health service management <input type="checkbox"/> Early years sector <input type="checkbox"/> Community sector

**Contact us by email at [conference2017@asoi.info](mailto:conference2017@asoi.info)**