

ASOI 7th Annual Conference & AGM 2019
Building Bonds, Bettering Practice:
Patient advocacy and approaches to reduce obesity stigma
17-18th May 2019 | The Convention Centre, Dublin
Programme: Day 1

Approved for 5 CPD credits

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| 08.00-09.00 | Registration | |
| 09.00-09.10 | Celebrating European Obesity Day / Welcome and opening by Chair of ASOI & HSE Clinical Lead for Obesity | Dr. Jean O'Connell & Prof. Donal O'Shea |
| 09.10-11.15 | Session 1 | Chair: Prof. Carel Le Roux |
| 09.40-10.20 | Ethical dilemmas in obesity prevention and treatment | Prof. Arya Sharma |
| 10.20-11.00 | Building an obesity network – lessons from Canada | Dr. Ximena Ramos-Salas |
| 11.00-11.15 | Questions and discussion | |
| 11.15-11.30 | Movement break with refreshments | |
| 11.30-13.00 | Session 2: Oral presentations from abstract call | Chair: Dr. Cathy Breen |
| 11.30-11.35 | Session overview | Dr. Cathy Breen |
| 11.35-11.50 | Obesity prevention during the first 1,000 days: What is the evidence for the effectiveness of interventions delivered by health professionals? | Ms. Marita Hennessy |
| 11.50-12.05 | "The boob answers a lot of problems": What are the barriers and enablers to successful extended breastfeeding in women with high BMIs? | Dr. Sharleen O'Reilly |
| 12.05-12.20 | Changes in pain following a 6-week weight management in-patient programme | Ms. Kana Asada |
| 12.20-12.35 | Stigma reduction towards persons with obesity: A comparative analysis of interventions amongst university students | Dr. Caroline Heary |
| 12.35-12.50 | What can researchers learn from participant involvement? Insights from the ROLO Family Advisory Committee | Dr. Eileen O'Brien & Ms. Samantha Reilly |
| 12.50-13.00 | Session close | Dr. Cathy Breen |
| 13.00-14.00 | Lunch and poster viewing | |
| 14.00-16.30 | Session 3 | Chair: Prof. Francis Finucane |
| 14.00-14.40 | Feeling The 'Weight' of Expectation: illustrating the reflexive embodiment of obesity stigma | Dr. Oli Williams |
| 14.40-15.00 | Drivers of media representations of obesity & what we can do to improve the situation | |
| | <ul style="list-style-type: none"> • A health journalist's perspective • An editor's perspective • A patient's perspective | Ms. June Shannon, IHF Mr. Neil Leslie, The Star Ms. Vicki Mooney, Executive Director EASO ECPO |
| 15.45-16.30 | Panel discussion: reducing media / public health driven obesity stigma | All speakers |
| 16.30-16.40 | Closing remarks and announcement of 2019 ASOI Prize | |
| 16.45-17.30 | ASOI AGM (Members only) | |

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2019 ASOI Prize will be awarded to the best submitted abstract/presentation

Programme: Day 2

Approved for 4 CPD credits

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| 08.15-09.15 | Registration | |
| 09.15-09.30 | Celebrating European Obesity Day / Welcome and opening by Chair of ASOI | ASOI Chair: Dr. Jean O'Connell Patient Co-Chair: Ms Susie Birney |
| 09.30-10.15 | Session 1: Family friendly cooking and eating for health | Chair: Ms Niamh Arthurs |
| 09.30-10.00 | Family-based cooking interventions | Ms. Solveig Sigurdardottir |
| 10.00-10.15 | <ul style="list-style-type: none"> • Patient reflection on family friendly cooking • Questions and discussion | Ms. Ciara De Burca |
| 10.15-11.00 | Session 2: Movement and Activity | Chair: Dr Grace O'Malley |
| 10.15-10.45 | Promoting family-based movement and activity | Ms. Emer O'Malley |
| 10.45-11.00 | <ul style="list-style-type: none"> • Patient reflection on movement and activity • Questions and discussion | Mr. Paul Masterson |
| 11.00-11.20 | Movement break with refreshments | |
| 11.20-12.15 | Session 3: Exploring the biology of obesity | Chair: Prof Donal O'Shea |
| 11.20-11.30 | Patient advocacy: uniting patient voices | Ms. Vicki Mooney, EASO ECPO |
| 11.30-12.00 | The biology of obesity and stigma | Prof. Arya Sharma |
| 12.00-12.15 | <ul style="list-style-type: none"> • Patient reflection on the biology of obesity • Questions and discussion | Mr. Eoin O'Connell |
| 12.15-13.30 | Session 4: Support, stigma and mental health | Chair: Ms Marita Hennessy |
| 12.15-12.45 | Addressing weight stigma | Dr. Ximena Ramos-Salas |
| 12.45-13.00 | <ul style="list-style-type: none"> • Patient reflection on weight stigma and mental health • Questions and discussion | Ms. Louise Borre |
| 13.00-13.15 | Patient support groups: strength in numbers | Ms. Susie Birney & Ms. Maura Murphy |
| 13.15-13.30 | Final questions, discussion and closing remarks | ASOI Chair: Dr. Jean O'Connell Patient Co-Chair: Ms. Marian Hughes |
| 13.30-14.30 | Lunch and poster viewing | |