

Preventing and Treating Childhood Obesity

May 4th-5th 2017 Health Sciences Centre, University College Dublin

RCPI CPD accreditation

ASOI are delighted to announce our 2017 Annual Conference. This year our focus is on Childhood Obesity and, in collaboration with the Health Behaviour Change Research Group at NUI Galway, and the ESPRIT Research Group at University College Cork, we have an expanded program over two days with over 15 keynote speakers from 7 different countries.

Day 1 of ASOI 2017 will focus on **prevention** of childhood obesity, and integral to the day we are holding roundtable discussion workshops as part of a study to identify and prioritise knowledge gaps concerning obesity prevention and knowledge translation. We hope all attending will consent to involvement in these workshops, allowing us to harness the collective expertise of a diverse range of participants to set out directions for future research and knowledge translation.

Also as part of **Day 1**, ASOI 2017 will be hosting the launch of the fourth **Childhood Obesity Surveillance Initiative (COSI)** report for the Republic of Ireland.

Day 2 of ASOI 2017 will focus on the **treatment** of paediatric obesity, and we will also have breakout workshops during the day allowing attendees to further tease the topics raised with reference to their area of interest/practice.

This conference will be relevant to students, healthcare professionals, educators and researchers involved in the fields of primary care, paediatrics, public health, health policy and implementation science, amongst others. There will be the opportunity to present posters across both days of the conference, with a prize presented on each day to the best poster relevant to the topic of that day!

Please see www.asoi.info for further details. We hope to see you in UCD on May 4th and 5th!

Day 1 of this two-day event is kindly supported by the Irish Research Council New Foundations Scheme through funding awarded to Dr Karen Matvienko-Sikar (ESPRIT Research Group, DEPH, UCC) for COS-IF: Core Outcome Set for Infant Feeding, and Ms Marita Hennessy (HBCRG, NUI Galway) for POCKETS: Prevention of Childhood Obesity-Knowledge Exchange and TranSlation.















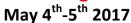








Preventing and Treating Childhood Obesity





Health Sciences Centre, University College Dublin

Day 1 - Thursday May 4th **Prevention of Childhood Obesity: POCKETS**

08.30-09.30	Registration	
09.00	Welcome and opening	
09.00 09.10	Welcome by Chair of ASOI Official opening and launch of 4 th COSI report by the Minister for Health Promotion	Dr G O'Malley Minister M Corcoran Kennedy TD
09.25 09.35	Meeting overview Setting the scene: Healthy Weight for Children	Dr K Matvienko-Sikar S O'Brien and Dr P Jennings
9.55-10.55	Session 1 Chair	: M Hennessy
	Roundtable workshops 1	
10.55	Movement break	
11.10-12.30	Session 2 Chair	,
11.10	Weight management interventions in pregnancy: a way to prevent childhood obesity?	Dr E Olander
11.30	Proactive assessment of overweight/obesity risk during infancy	Prof S Redsell
11.50	Right from the Start: policy, practice, parents and practitioners	Prof M Rudolf
12.10	Motor development and active play	Dr G O'Malley
12.30	Panel discussion	
12.50-13.50	Lunch and poster viewing	
13.50-14.15	4 th COSI Report Chair	: S O'Brien
13.50	Overview of findings	Dr S Bel Serrat
14.05	Panel discussion: Dr S O'Keefe, Dr M Heinen and Dr S Bel Serrat	
14.15-15.15	Session 3 Chair	: M Hennessy
	Roundtable workshops 2 + Discussion	·
15.15	Movement break	
15.25-16.15	Session 4 Chair	: Dr J Devlin
15.25	Family-based prevention of obesity in the early years	A/Prof P Nowicka
15.45	Development and real world translation of scalable approaches to prevent childhood obesity in early life: Lessons from Australia	
16.05 16.25	Addressing childhood obesity in a multi-ethnic population: research into practice Panel discussion	Prof P Sahota
17.05-17.15	Closing remarks and announcement of poster prize winner (Prevention)	M Hennessy and Dr. G O'Malley

This event is kindly supported by the Irish Research Council New Foundations Scheme and the ASOI.













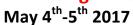








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Day 2 - Friday May 5th **Treatment of Paediatric Obesity**

08.30	Registration		
09.00	Welcome and opening		Dr G O'Malley
09.15-10.45 09.15 09.45 10.15 11.15	Session 1 Why treat obesity in childhood? A paediatricians view Nutritional interventions in childhood obesity Motivational interviewing for healthcare professionals Movement Break / Coffee	Chair:	Dr C Breen Prof JC Holm Dr H Croker Prof M Golan
11.35-13.00 11.35 12.00 12.30	Session 2 Treatment of obesity: parent and teen perspectives Play, exercise and activity interventions How to measure effectiveness	Chair:	Dr G O'Malley TBC Prof D Thivel Dr M Bryant
13.00-14.00	Lunch and poster viewing		
14.00-15.00	Session 3 Case Study Workshops A or B (choose one when registering A: Nutrition interventions B: Psychological interventions	1)	Lead: Dr H Croker Dr A Brinkley
15.00-16.00	Session 4 Case Study Workshops A or B (choose one when registering C: Exercise interventions D: Medicosurgical interventions	1)	Lead: Dr G O'Malley Prof JC Holm
16.00-16.30	Session 5 Discussion Panel: Defining treatment success	Chair:	<i>Prof. H Hoey</i> Speakers
16.30-16.45	Closing remarks and announcement of ASOI Award		
17.00-17.30	ASOI AGM 2017 (ASOI members only)		ASOI Members

The 2017 ASOI Prize will be awarded to the best poster presentation



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Registration

Meeting Registration Fees	Professionals	Students*
Day 1 Attendance & 12 month ASOI membership	€60	€30
Day 2 Attendance & 12 month ASOI membership	€120	€60
Attendance for Day 1 and Day 2 + ASOI membership	€150	€75

^{*}A signed letter on official college paper as proof of student status should be sent with your application or brought with your ticket to the conference

Please register online at buytickets.at/asoi

Or

Complete the following registration form and return with your payment to:

Dr Cathy Breen, Senior Dietitian

Weight Management Service, St Colmcille's Hospital, Loughlinstown, Co Dublin

OR

via email to conference2017@asoi.info

(Euro cheques made payable to: ASO Ireland)

■ Nutritionist

□ Fitness/Sports trainer□ Education/teaching□ Other (please specify)

Title	Surname	Forename	
Address (incl. organi	zation)		
Email		Phone	
Please indicate the c	ategory which best descri	bes your current work area	:
Academic	Clinical	Industry 🗆	Other
	☐ Psychologist		
□ Research	□ Dietitian □ Nurse	□ Food	☐ Health service
□ Education/teaching	□ОТ	□ Pharmaceutical	management
□ Student	□ Physician/GP□ Surgeon□ Physiotherapist	□ Biotech	☐ Early years sector☐ Community sector☐